



**Lakeside Elementary School MAY 2021**



*Skim or 1% milk is served with all meals; (Menu may be subject to change!)*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <b>Chicken Sandwich</b> veggies & ranch fruit	4 <b>Pancake Sausage Wrap</b> chips, fruit	5 <b>Hot Dog</b> on whole grain bun chips veggies & ranch fruit	6 <b>Chicken Fried Rice</b> veggies & fruit fortune cookie	7 <b>Cheese Quesadillas</b> refried beans, salsa & fruit
10 <b>Chicken Tenders</b> veggies & ranch crackers fruit	11 <b>Turkey Sandwich</b> on whole grain bun, veggies fruit	12 <b>Pizza Pocket</b> veggies & fruit cookie	13 <b>Corn Dog</b> veggies & ranch fruit, chips	14 <b>CP Day</b> <b>No School</b>
17 <b>Chicken Quesadillas</b> refried beans, salsa & fruit	18 <b>WG Pretzel</b> marinara sauce string cheese veggies & fruit	19 <b>Macaroni &amp; Cheese</b> veggies & fruit	20 <b>Walking Nachos</b> w/chips, cheese & beef veggies, fruit	21 <b>Chicken Sandwich</b> veggies & ranch fruit
24 <b>Ham Sandwich</b> on whole grain bun, chips veggies, fruit	25 <b>Chicken &amp; Noodles</b> veggies, fruit	26 <b>WG Pretzel</b> marinara sauce string cheese veggies & fruit	27 <b>Breakfast Burrito</b> w/sausage & egg veggies, salsa, fruit	28 <b>Pizza Pocket</b> veggies & fruit cookie
31 <b>Memorial Day</b> <b>No School</b>	JUNE 1 <b>Chicken Tenders</b> veggies & ranch, crackers, fruit	2 <b>Spaghetti w/ Meat Sauce</b> veggies, fruit	3 <b>Chicken Fried Rice</b> veggies, fruit fortune cookie	4 <b>WG Pretzel</b> marinara sauce string cheese veggies & fruit



**Breakfast In The Classroom**



Monday	Tuesday	Wednesday	Thursday	Friday
Ultimate Breakfast cookie yogurt fruit, milk	Fresh Muffin yogurt, fruit, milk	Pancake sausage bites, fruit, milk	Fresh cinnamon roll , yogurt, fruit, & milk	Cereal cup, cheese stick fruit, milk



**~Harvest of the Month~  
BEEF**

Montana is home to more cattle than people!  
Beef is an excellent source of vitamin B12 and protein and a good source of iron and vitamin B6. Protein helps build and repair body tissues including muscles.



